

# Rehabilitation Memberships

## 2025–26 Financial Year

*Rehabilitation memberships include entry for an accompanying Exercise Physiologist*

### Gym Rehabilitation

*Includes access to Gym and selected Wellness Group Fitness Classes*

Gym Rehab – 1 Month Upfront (30 Days) .....	\$233.78
Gym Rehab – 3 Months Upfront (90 Days) .....	\$602.62
Gym Rehab – 12 Months Upfront (365 Days) .....	\$1,496.16

### Pools Rehabilitation

*Includes access to Hydrotherapy Pool, Penrith Pools, St Marys Pools, spa and sauna.*

Pools Rehab – 1 Month Upfront (30 Days) .....	\$178.70
Pools Rehab – 3 Months Upfront (90 Days) .....	\$446.77
Pools Rehab – 12 Months Upfront (365 Days) .....	\$1,028.61

### Full Facility Rehabilitation

*Includes access to Hydrotherapy Pool, Penrith Pools, St Marys Pools, Gym, selected Wellness Group Fitness Classes, Spa and Sauna*

Full Facility Rehab – 3 Months Upfront (90 Days) .....	\$810.42
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Wellness Group Fitness classes are low-intensity classes suitable for all abilities. E.g. Yoga. Class offerings may vary.